

Leadership Growth Coaching



**Grow to be
the best you
can be!**

What is it?

High performing teams and organisations need high performing leaders.

Leadership growth coaching is about self-awareness. It's about understanding your leadership styles. It means being the type of leader your team needs at any particular time. It's about adapting your leadership style to our VUCA* environment.

*VUCA = volatile, unpredictable, complex, ambiguous

Who will benefit?

All professionals and middle/senior leaders wanting to grow and improve.

Leaders going through change and working in VUCA* environments.

Technical experts moving from delivery to leadership roles.

What clients say?

“ I seem to have actually become a leader! I now have the headspace to coach my team and support them. I still don't feel that I'm a natural leader, but the effort is working. Jane, team leader.

“ I realised I actually had five leadership styles. The key was building self-awareness to enable me to select the style that most appropriately matched circumstances. Gary, senior executive.

“ The leadership model we created worked and still works well for me – it was custom-built for me and is therefore completely genuine and authentic. My model will not be found in any leadership textbook

and is a great example of the power of coaching. Michael, senior executive.

**Leaders are the
from which all else
grows**

Leaders have significant influence on teams and organisations. An extensive study by Gallup found that **70%** of staff engagement is determined by leadership style. (Clifton & Harter, 2019),

What's the benefit?

Collaborative leadership, dealing with change and uncertainty, better decision making, reduced silo's, better accountability and delegation, conflict resolution, improved strategic thinking and problem solving, maximising strengths, stronger relationships with staff and stakeholders, improved wellbeing and resilience, better business outcomes and value for stakeholders, career management and more.

How does it work?

Leadership growth coaching is tailored to your environment and your individual needs.

Imagine your team is an apple tree, and your leadership are the roots of that tree. Think of leadership growth coaching as water and fertiliser. I'm a cultivator, providing just the right amounts at the right time, tailored to your specific environmental conditions. By using a flexible and bespoke approach, I help you focus on what's important for you - no grafts!

To give you an idea, a typical package might include 6 hours of session time over a 4-month period, with support as required in between. We will start with a pre-coaching consultation, like a soil test. A post coaching check-in is encouraged as well.

What next?

Contact me for a no obligation chat about your leadership growth story.



SCAN ME

helen zink

+64 21555456

helen@growtobe.co.nz

www.growtobe.co.nz

www.linkedin.com/in/helen-zink